

Oral Surgery Appointment Instructions

Dear Patient

You have been referred for treatment with our Specialist Oral Surgeon, Mr. Richard Moore. The following information will help you prepare for your appointment and answer any common questions which you may have. Should you still have questions then please contact us.

Your first appointment will consist of a consultation explaining your diagnosis and treatment options. However, surgery can be performed on the same day as the consultation, this will depend on the treatment type and your medical condition and what your Dentist has discussed with you prior to the appointment.

It is important that we are made aware of any medical conditions which you suffer from, even if they are well controlled with medication.

Please ensure that you bring with you to your appointment a list of medications which you are presently taking or have previously taken. This is particularly important if you have ever taken any medications for bone problems or cancer.

If you are taking **Warfarin**, then please ensure that you have an INR reading within 72 hours of the appointment. Please take your Warfarin as normal. If your INR reading is 4.0 or more please contact the practice **prior to your appointment**.

Do not stop taking any medications prior to this appointment. Mr Moore will discuss medications with you at your appointment.

It is advisable that you book some time off work following your treatment, usually 24 hours will suffice for routine procedures, if your procedure requires further time off then this will be discussed with you.

To allow a smooth post-operative journey please purchase some over the counter pain relief.

Ibuprofen are **Paracetamol** taken together are the best type for oral surgery, however please ensure you check whether or not you are able to take this by reading the instruction leaflets.

More detailed post-operative instructions following your treatment will be given to you at the time of surgery.

All patients are at risk of pain, swelling, bleeding, bruising and infection following surgery.

If you smoke, you are at a higher risk of infection. Smoking reduces the blood supply to the surgical site and therefore you may not heal as well or take longer to heal. This applies to 'vaping' as well. It is advisable **not to smoke** for as long as possible prior to treatment, and for **at least a week after surgery**.

Depending on your surgery, further risks will be discussed with you at your appointment.

Please make sure that you eat and drink before the appointment, and you are welcome to bring a family member or friend with you should you need to. Patients who are being treated under sedation will be given more detailed instructions.

If you have any more questions, then please do not hesitate to contact us.

We look forward to meeting you at your appointment.